



**Baggerseen
are construction
Sites!**

**Caution: Life-
threatening
danger!!!**

The Baggerseen in Kreis Paderborn pose the following dangers:

- Old concrete pieces, building materials, and electric cables may be found under the surface of the water.
- Water may be deep and freezing cold in some spots. Exposure to ice-cold water may cause heart and circulatory problems or compulsions. You could lose consciousness and drown!
- Since shorelines are not secure, you could slip and fall into the water.

Fundamental Swimming Rules:

- Enter the water slowly. It is important to allow your body to adjust to the water, or else your body could experience circulatory shock.
- When you cannot swim, do not enter deep water. Stay in areas where your torso remains above the surface.
- Never enter the water on a full or empty stomach or after consuming alcohol.
- Exit the water immediately by signs of a thunderstorm. Swimming during a storm may be life-threatening.
- Follow all existing rules at the lakes.
- It may be better to go swimming in a pool, as they are always regulated.
- Do not forget to shower before entering the water.

Enjoy your summer!